

Mid South Coast Zone



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Foundation for all sports

Grand Prix

The Mid South Coast Grand Prix is contested over four (4) Carnivals hosted by Centres within the Zone each season. The Albion Park, St Georges Basin, Lake Illawarra and Shoalhaven Centres currently host these Carnivals.

Certain events at these Carnivals are deemed to be Grand Prix events. A document listing the Grand Prix events for each age group is available at the beginning of each season. Centres also publish details of the Grand Prix events at their respective Carnivals.

Athletes compete in a number of events covering all disciplines. Sprints, middle distance, long distance, walks, jumps and throws are included.

Mid South Coast Zone athletes who compete in Grand Prix events will be awarded points as follows:

1st place	11 points	6th place	6 points
2nd place	10 points	7th place	5 points
3rd place	9 points	8th place	4 points
4th place	8 points	9th place	3 points
5th place	7 points	10th place	2 points

All other placing's will receive 1 point

To qualify for an Age Champion trophy an athlete must have competed in at least 50% of the Grand Prix events for their respective age group.

Should a Grand Prix Carnival be washed out that round will not be included in the Grand Prix even if the Carnival is rescheduled and held at a later date.

At the end of the four (4) rounds the individual Mid South Coast Age Champions will be announced. Trophies will be awarded for 1st, 2nd and 3rd place in each age group.

At the conclusion of the fourth (4th) Carnival the winning Centre will also be revealed. This Centre will receive a trophy as well as hold the Mid South Coast Grand Prix Perpetual Trophy for twelve (12) months.



The winning Centre is calculated as follows.

The first (1st) athlete from the Mid South Coast Zone in a Grand Prix event receives 24 points for their Centre. Second (2nd) place receives 23 points and so on. Only three (3) athletes per Centre can obtain Centre points. Once three (3) athletes from a Centre have received points any remaining athletes from that Centre are ignored and points are allotted to the next eligible athlete from another Centre. The following example illustrates how Centre points are allocated for an event.

<u>Place</u>	<u>Athlete</u>	<u>Centre</u>	<u>Centre Points</u>
1	Clint Eastwood	Kiama	24
2	Mel Gibson	Basin	23
DNC	Bruce Willis	Shoalhaven	-
3	John Wayne	Albion Park	22
DNC	Cary Grant	Lake Illawarra	-
4	Spencer Tracey	Lake Illawarra	21
5	William Holden	Basin	20
6	Jon Voight	Shoalhaven	19
7	Tom Cruise	Kiama	18
8	Peter Cushing	Lake Illawarra	17
DNC	Gary Cooper	Albion Park	-
9	George Clooney	Shoalhaven	16
10	Brad Pitt	Albion Park	15
11	William Macey	Lake Illawarra	14
12	Samuel Jackson	Basin	13
13	Will Smith	Kiama	12
14	Keanu Reeves	Kiama	0
15	Trevor Howard	Basin	0
DNC	Edward Woodward	Shoalhaven	-
16	Alec Guinness	Albion Park	11
DNC	Chips Rafferty	Shoalhaven	-
17	Michael Caine	Lake Illawarra	0
18	John Travolta	Basin	0
19	Harvey Keitel	Shoalhaven	10

Total Centre Points

Kiama	54
Basin	56
A Park	48
Shoalhaven	45
Lake	52